



Ultra Cardio

Serving Size 3 veggie capsules
Servings Per Container 30

| Amount Per Serving | |
|---|---------|
| Calcium (Aspartate, Citrate/Malate) | 75 mg |
| Magnesium (Taurate, Aspartate) | 200 mg |
| Selenium (Aspartate) | 100 mcg |
| Potassium (Taurate, Aspartate) | 200 mg |
| Taurine | 300 mg |
| Polygonum cuspidatum (20% resveratrols and 10% emodin) | 50 mg |
| Hawthorne (Crataegus oxyacantha leaf extract) | 75 mg |
| L-Carnitine | 200 mg |
| CoEnzyme Q10 | 50 mg |
| Alpha R-Lipoic Acid | 20 mg |

SUGGESTED DOSE: As a dietary supplement, take 1 capsule per meal and at bedtime or as directed by your healthcare practitioner.

ULTRA CARDIO

ANTIOXIDANT, MINERAL, AMINO ACID & BOTANICAL FACTORS FOR THE REGULATION & PROMOTION OF HEALTHY HEART FUNCTION

- Support for healthy heart rate and rhythm
- Supports healthy coronary electrical conduction
- Support of healthy intracellular calcium metabolism
- Coronary vascular and circulation support
- Cardiac mitochondrial energy support

For support of healthy heart function think of UltraCardio. UltraCardio contains specific antioxidant, mineral, amino acid and botanical factors for the regulation and promotion of healthy heart function.

CALCIUM along with magnesium and potassium, positively supports healthy heart rate and rhythm as well as a healthy blood pressure.

MAGNESIUM has potent vasodilator properties and has the ability to displace calcium from the smooth muscle cell surfaces. With magnesium deficiency there is an increased flow of calcium into vascular smooth muscle cells, increasing contractility and potentiated constrictor effects. Supplementation of magnesium may prevent and correct abnormal cardiac rhythm, including toxic rhythms iatrogenically caused by Rx drug medications.

SELENIUM DEFICIENCY may accompany poor heart health. Supplementation may improve heart symptoms in patients suffering from selenium deficiency.

POTASSIUM DEFICIENCY (which may exist despite normal serum levels) is associated with abnormal cardiac rhythm and decreased tolerance to heart medications. Intracellular (RBC) potassium levels are a more accurate means of assessing cellular potassium status. Low potassium status increases the incidence of excessive ventricular heart rates and preventricular contractions.

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ULTRA CARDIO

TAURINE affects membrane excitability by normalizing potassium transport across the cardiac muscle cell. Taurine may reduce rhythm abnormalities of the heart.

POLYGONUM CUSPIDATUM is the natural source of resveratrol, a powerful antioxidant that supports healthy coronary artery health.

HAWTHORNE EXTRACT may have cardiogenic properties due to its content of pro-cyanidin flavonoids. Traditional indications have been for cardiac insufficiency and mild forms of arrhythmias.

L-CARNITINE DEFICIENCY may impair heart health. Carnitine supports healthy heart rhythm and strength.

COENZYME Q10 acts as an antioxidant while also supporting healthy heart mitochondrial function and heart rate and rhythm.

ALPHA R-LIPOIC ACID is the natural form of alpha lipoic acid. ARLA is more potent and more efficiently utilized than the synthetic racemic mixture ALA (ARSLA). ARLA enhances myocardial energy production, has antioxidant properties and antioxidant recycling properties.