

PRODUCT REFORMULATION

advancement
progress
DEVELOP
IMPROVE



Ultra B Complex

Ultra B Complex, a complete B vitamin formula, contains the active forms of B vitamins for superior absorption.*

- Thiamin is now predominately in the bioactive cocarboxylase form. This form is approximately 10 times more potent than the mononitrate form.*
- Riboflavin is now predominately in the bioactive 5'phosphate form. This 5'phosphate, approximately 10 times more potent than standard riboflavin, is stable and reaches the blood stream intact.*
- Pyridoxine is also predominately in the bioactive 5'phosphate, form which is approximately 10 times stronger than standard pyridoxine.
- The two most active forms of folate, 5-methyltetrahydrofolate and 5-formyltetrahydrofolate, are provided in this new formula. These two forms of folic acid are involved in different metabolic pathways. Having both bioactive forms provides the most folate coverage. Regular folic acid is far less active and needs to go through multiple conversion steps to reach these bioactive forms.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	%DV
Thiamin (cocarboxylase, mononitrate)	10 mg	667%
Riboflavin (riboflavin-5-phosphate, riboflavin)	10 mg	588%
Niacin (niacinamide, niacin)	25 mg	125%
Vitamin B6 (pyridoxal-5-phosphate, pyridoxine HCl)	20 mg	1000%
Folate (5-formyltetrahydrofolate [calcium salt], 5-methyltetrahydrofolate [glucosamine salt])	400 mcg	100%
Vitamin B12 (methylcobalamin)	100 mcg	1667%
Biotin	200 mcg	67%
Pantothenic acid (D-calcium pantothenate)	100 mg	1000%
Chromium (polynicotinate)	200 mcg	167%
Trimethylglycine (betaine)	50 mg	**
Choline bitartrate	75 mg	**
Inositol	75 mg	**
PABA	20 mg	**

** Daily Value (DV) Not Established.



BIOGENESIS[®]
NUTRACEUTICALS, INC

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.